Laila Muhammad



A SHARED MEMORY AVAILABLE PROGRAMS

Program facilitator: Laila Muhammad

Fostering a Healthy Self Image—Female Leadership

can be tailored for females 9 to 99 years old

Working sided-by-side with program facilitators and mentors participants create a life plan. We utilize enrichment and assessment exercises to help each individual discover her positive attributes, abilities and interests. We teach each participant about prioritizing, SMART goal setting, discussion of physical and emotional needs, steps involved in writing a plan and how to effectively adjust their plan as the years progress. This gives them a strong foundation for a healthy, successful and peaceful life. As part of the process we discuss how to best utilized available community resources to assist in the attainment of goals.

Islam in America

can be customized for pre-K through senior

A telling of the many untold stories of American Muslims and their contributions to the fabric of American. The stories begin with early American settlers, slavery, 30's to present day. This program can be tailored to suit the needs of any educational setting from early childhood, grade school, high school, adults and seniors.

12-Months of Awareness

recommended for the community at large

This educational, service program series is set up as a bazar environment with a changing monthly topical focus. Each month's program takes on a different format to support the curriculum of each individual topics goal.

For example: October Literacy Awareness and April Health Awareness could include a guest speaker and town hall meeting.

Traveling Museum

We will bring 1 of our 5 interactive exhibits along with a guest speaker(s) on any of the following topics:

- 1. Elijah and Clara Muhammad, NOI Founders
- 2. Imam W Deen Mohammed, The Light Shines From The West
- 3. The "Champ", Muhammad Ali
- 4. The Diversity of Islam, The Haji
- 5. Peaceful Neighborhoods 1 G-d